

# FRESH-CUT Butternut Squash



Fresh-Cut Butternut Squash



Butternut Squash Soup



Butternut Squash & Beet Salad

A culinary classic. Washed, peeled and cubed, Mann's Butternut Squash is perfect for any menu application. Fresh-cut and ready to eat, butternut squash is not only a healthy choice for your menu, but also your bottom line.

## FEATURES & BENEFITS

- Butternut squash is a nutrient dense vegetable; high in fiber, no fat, excellent source of vitamin A and potassium
- Only 63 calories per serving
- Labor saving
- Zero waste
- Ready-to-use
- Stable year-round pricing
- No additives or preservatives
- Fresh, never frozen

## YIELD & APPLICATION

- Versatility in use and presentation
- Creates great summer, fall, winter and spring dishes
- 100% yield
- Great for health care, college & university vegetarians and in family style restaurants
- Product used either hot or cold
- Use as the main ingredient in a soup
- Add for color in a hot or cold salad
- Serve roasted, baked, or grilled for a colorful side dish
- Use in a souffle for a different texture and a healthy dessert
- Serve a butternut sweet bread year round

## Nutrition Facts

16 servings per container	
<b>Serving Size</b>	<b>1 cup (85g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>40</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
<b>Saturated Fat</b> 0g	<b>0%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 10g	<b>4%</b>
<b>Dietary Fiber</b> 2g	<b>7%</b>
<b>Total Sugars</b> 2g	
<b>Includes 0g Added Sugars</b>	<b>0%</b>
<b>Protein</b> 1g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 41mg	<b>4%</b>
<b>Iron</b> 1mg	<b>6%</b>
<b>Potassium</b> 299mg	<b>6%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

ITEM	PACK SIZE	MANN'S CODE NO.	CARTON SIZE (L X W X H)	CUBE	TIE/HIGH	CARTONS PALLET	NET WT.
Butternut Squash ½" Cubes	4 x 3 lb	04347	15.875 x 11.875 x 7	.764	10/11	120	12 lb
Butternut Squash ¾" Cubes	6 x 20 oz	04344	13.25 x 9.438 x 4.938	.357	15/16	240	7.5 lb
Butternut Squash 1" Cubes	4 x 3 lb	04343	15.875 x 11.875 x 7	.764	10/11	120	12 lb

## HANDLING INFORMATION

- Refrigerate upon delivery
- Store at 34° F
- Keep dry
- Rotate first in, first out
- Shelf Life 16 days

## FOODSERVICE RECIPES AVAILABLE

Mann Packing Company, Inc.  
Marketing Department  
1333 Schilling Place  
Salinas, CA 93901-4552  
Tel: 831-422-7405  
Fax: 831-422-5171  
sales@mannpacking.com



A DEL MONTE FRESH COMPANY

Salinas, CA 93901 | 800.884.6266 | veggiemadeeasy.com