

SHAVED Brussels Sprouts



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Brussels Sprouts with Pulled Pork



Brussels Sprouts Slaw with Cranberries & Walnuts

Mann's Shaved Brussels Sprouts are the ultimate value-added veg. Limitless raw and cooked options, serious back-of-house time savings, and superfood cache add up to one healthy, delicious product.

FEATURES & BENEFITS

- Consistent, 1/8-inch shred
- 100% usable product
- Washed & ready to eat
- No waste or disposal cost
- No additives or preservatives
- 16 days shelf life; Julian code pack date
- Year-round availability
- Stable pricing
- High in Vitamin C & K

YIELD & APPLICATION

- 100% yield
- Versatility in use and preparation
- Sauté, and serve warm
- Prepare raw in salads or slaws
- Use in wraps or on sandwiches
- Add to pastas or stir fries
- 80 – 2 oz portions or 32 – 5 oz portions

Nutrition Facts	
About 11 servings per container	
Serving Size	3/4 cup (85g)
Amount per serving	
Calories	40
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 1mg	6%
Potassium 331mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

ITEM	PACK SIZE	MANN'S CODE NO.	CARTON SIZE (L x W x H)	CUBE	TIE/HIGH	CARTONS PALLET	NET WT.
Shaved Brussels Sprouts	5 x 2 lb	03678	15.875 x 11.875 x 5.75	.6273	10/12	120	10 lbs

HANDLING INFORMATION

- Refrigerate upon delivery
- Store at 34° F
- Keep dry
- Rotate first in, first out
- Shelf life 16 days

FOODSERVICE RECIPES AVAILABLE

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