

# Veggie Power Blend



Veggie Power Blend



Veggie Power Blend  
Pineapple Pesto Chicken Wrap



Veggie Power Blend  
Champagne Lemon Slaw

Mann's Veggie Power Blend is a colorful blend of six superfoods: broccoli stalks, kohlrabi, Brussels sprouts, kale, radicchio and colored carrots. It offers unprecedented convenience to operators and can be utilized in a wide variety of applications, from appetizers and salads to sandwiches and entrees.

## FEATURES & BENEFITS

- Blend ingredients represent an "All Star" list of on trend vegetables, offering a set of menu mentions that suggest freshness, health and nutrition
- The explosion of color delivers a wow factor in plate presentation, but also taps into consumers' cues for high nutrition
- Offers a new paradigm within the produce category for chefs to explore in menu development
- Uses a wide variety of vegetables in a shredded blend providing high level convenience
- 100% usable product
- No waste or disposal costs
- No additives or preservatives
- Year-round availability, long-term menu planning
- Year-round stable pricing
- Ready-to-use
- Dramatically lower prep costs
- Low food cost, higher margins

## YIELD & APPLICATION

- 100% yield
- Great for health care, college & university vegetarians and in family style restaurants
- Product can be used both hot or cold
- Sauté until tender for Asian or Italian noodle style
- Use as a main ingredient for cole slaw style salads
- Add chopped nuts and dried fruit with poppyseed dressing
- Add ginger and green onions with a wasabi vinaigrette
- Great filler for chicken or tuna salads
- Use for added color or crunch for wraps, sandwiches or virtually anything

## Nutrition Facts

About 11 servings per container	
<b>Serving Size</b>	<b>1 cup (85g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>30</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
<b>Saturated Fat</b> 0g	<b>0%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>1%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
<b>Dietary Fiber</b> 3g	<b>11%</b>
<b>Total Sugars</b> 2g	
<b>Includes 0g Added Sugars</b>	<b>0%</b>
<b>Protein</b> 2g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 45mg	<b>4%</b>
<b>Iron</b> 1mg	<b>6%</b>
<b>Potassium</b> 305mg	<b>6%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

ITEM	PACK SIZE	MANN'S CODE NO.	CARTON SIZE (L x W x H)	CUBE	TIE/HIGH	CARTONS PALLET	NET WT.
Veggie Power Blend	4 x 2 lb	02305	15.875 x 11.875 x 7.0	.7636	10/12	120	8 lbs

## HANDLING INFORMATION

- Refrigerate upon delivery
- Store at 34° F
- Keep dry
- Rotate first in, first out
- Shelf life 16 days

## FOODSERVICE RECIPES AVAILABLE

Mann Packing Company, Inc.  
Marketing Department  
1333 Schilling Place  
Salinas, CA 93901-4552  
Tel: 831-422-7405  
Fax: 831-422-5171  
sales@mannpacking.com



A DEL MONTE FRESH COMPANY

Salinas, CA 93901 | 800.884.6266 | veggiesmadeeasy.com