

Caulilini®

BABY CAULIFLOWER



CAULILINI® baby cauliflower



Spicy Grilled CAULILINI® baby cauliflower with Pine Nuts



Tempura CAULILINI® baby cauliflower Street Tacos

CAULILINI® baby cauliflower is an Asian-style variety rarely seen in the United States – until now. With its long edible stems and blonde, open florets it could be one of the most striking members of the brassica family. Sweetly succulent in flavor, its “perfectly imperfect” shape adds both flavor and texture to side dishes, crudité platters, or entrée builds.

FEATURES & BENEFITS

- Entirely edible – from flower to stem
- Sweet, tender stalk turns bright green when cooked
- Washed and ready to eat
- Year-round availability
- Year-round stable pricing
- Fresh, never frozen
- No additives or preservatives

YIELD & APPLICATION

- 100% usable product – zero waste
- Blanch and hold for use in multiple menu items
- Use raw in salads or for a unique vegetable platter
- Toss into pastas
- Excellent paired with Asian sauces, stir fried or dipped in tempura batter
- Roast with olive oil and garlic for a simple but tasty side
- Great with Mediterranean flavors: pomegranates, z’houg, or hummus

Nutrition Facts

About 11 servings per container
Serving Size About 3.5 pieces (85g)

Amount per serving	
Calories	20
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 25mg	2%
Iron 1mg	6%
Potassium 203mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

ITEM	PACK SIZE	MANN'S CODE NO.	CARTON SIZE (L x W x H)	CARTONS PALLET	TIE/HIGH	CUBE	NET WT.
CAULILINI® baby cauliflower	3 x 2 lb bags	00357	15.875 x 11.875 x 7.0	120	10/12	0.7637	6 lbs
CAULILINI® baby cauliflower - Floret Cuts	3 x 2 lb bags	00366	15.875 x 11.875 x 8.5	100	10/10	0.9273	6 lbs

HANDLING INFORMATION

- Refrigerate upon delivery
- Store at 34° F
- Keep dry
- Rotate first in, first out
- Shelf Life 16 days

FOODSERVICE RECIPES AVAILABLE

Mann Packing Company, Inc.
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 1333 Schilling Place
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