

# BROCCOLINI® baby broccoli



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BROCCOLINI® baby broccoli and Kale Salad with Maple Vinaigrette



Charred BROCCOLINI® baby broccoli and lemon

The one and only. Mann Packing was responsible for introducing BROCCOLINI® baby broccoli – a sweet, long-stemmed broccoli/Chinese kale hybrid – to the United States, and is its sole U.S. grower and supplier. Twenty years after its introduction, it is currently one of the fastest-growing vegetables on restaurant menus.

## FEATURES & BENEFITS

- Edible from flower to stem
- Tender, edible stalk
- Washed & ready to eat
- Year-round availability
- Year-round stable pricing
- No additives or preservatives
- Fresh, never frozen

## YIELD & APPLICATION

- 100% usable product
- Zero waste
- Blanch and hold to use in multiple menu items
- Use chilled on salads or with crudité dips
- Top pizzas or toss into pastas
- Sauté with olive oil and garlic
- Tempura fry or stir fry
- Roast with parmesan cheese and butter
- Wrap with prosciutto or Serrano ham for tapas style appetizers
- Culinary options are endless!
- 64 - 3 oz servings
- 30 pieces per pound; 180 pieces per carton

## Nutrition Facts

About 11 servings per container  
Serving Size About 7 pieces (85g)

Amount per serving	
<b>Calories</b>	<b>30</b>
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 1mg	6%
Potassium 23mg	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

ITEM	PACK SIZE	MANN'S CODE NO.	CARTON SIZE (L x W x H)	CARTONS/PALLET	TIE/HIGH	CUBE	NET WT.
BROCCOLINI® baby broccoli - Iceless	3 x 2 lb. bags	01036	15.875 x 11.875 x 5.25	120	10/12	.46	6 lb
BROCCOLINI® baby broccoli - Iced	18 ct.	01025	19.875 x 11.75 x 6.313	80	8/10	0.853	-

## HANDLING INFORMATION

- Refrigerate upon delivery
- Store at 34° F
- Keep dry
- Rotate first in, first out
- Shelf Life 16 days

Note: small yellow flowers are a normal characteristic of Chinese kale.

## FOODSERVICE RECIPES AVAILABLE

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