



# Roasted Broccoli & Cauliflower with Lemon Parsley

**Servings**

4

**Calories**

120

**Prep Time**

15 Minutes

**Total Time**

35 minutes

**Skill Level**

Easy

## Ingredients

1 (12 ounce) package Mann's Broccoli & Cauliflower

3 tablespoons olive oil

Kosher salt

black pepper, freshly ground

1 cup parsley, chopped

1 tablespoon lemon juice

¼ tablespoon lemon zest, finely grated



## The Method

Preheat oven to 425°. Toss broccoli & cauliflower and 2 tablespoons of olive oil on rimmed baking sheet. Season with salt and pepper. Roast, tossing occasionally, until tender 15-20 minutes.

Meanwhile, pulse parsley, lemon juice and remaining 1 tablespoon of olive oil in blender/hand blender, until finely chopped. Season with salt and pepper. (Can be made 4 hours ahead).

Toss broccoli & cauliflower with lemon parsley mixture and top with lemon zest. Enjoy!