



Chicken Vegetable and Glass Noodle Stir Fry

Nutrition Facts

Servings Size: 421g Servings: 4

Amount Per Serving

Calories 260 | Calories from Fat 50 | Total Fat 6g (sat fat 1g trans 0g | Cholesterol 65mg | Sodium 740mg | Total Carbohydrate 25g | Dietary Fiber 9g | Sugars 11g | Protein 30g | Vitamin A 270% | Vitamin C 280% | Calcium 15% | Iron 15%