



Mann's Brocco Nachos

Servings

6

Calories

280

Prep Time

10 minutes

Total Time

20 minutes

Skill Level

Easy

Ingredients

- 1 (5 ounce) bag tortilla chips
- ½ cup refried beans
- 1 (12 ounce) bag Mann's Broccoli Cole Slaw®
- ½ cup red bell pepper, julienned
- ¼ cup corn kernels, fresh or canned
- 1 cup Nacho Cheese
- 2 tablespoons sour cream
- ¼ cup salsa
- 2 tablespoons guacamole
- 2 tablespoons minced cilantro



The Method

Preheat oven to 425°F.

Spread out tortilla chips on 12-inch ovenproof plate or pan. Portion dabs of refried beans over chips. Sprinkle evenly with Mann's Broccoli Cole Slaw, bell pepper and corn.

Melt nacho cheese according to packaging directions.

Drizzle melted cheese over nachos. Bake at 425°F for 10 minutes or until heated through and cheese is bubbly. Dollop with sour cream, salsa and guacamole as desired. Sprinkle with cilantro.

Optional: You may substitute nacho cheese for 1 cup of shredded Colby and Monterey Jack cheese.

Nutrition Facts

Serving Size 168g | Servings: 6

Amount Per Serving

Calories 280 | Total Fat 12g (sat fat 3.5g trans 0g) | Cholesterol 15mg | Sodium 400mg | Total Carbohydrate 35g | Dietary Fiber 3g | Sugars 3g (Includes 0g Added Sugars) | Protein 8g | Vitamin D 0% | Calcium 8% | Iron 6% | Potassium 4%

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