



Mann's Sweet Broccoli Salad

Servings

6

Calories

540

Prep Time

5 minutes

Total Time

10 minutes

Skill Level

Easy

Ingredients

4 cups Mann's Broccoli Wokly®

2 cups Mann's Broccoli Cole Slaw®

1 cup red onion, slivered

¾ cup bacon bits, or about 7 pieces of bacon cut into tiny pieces

1 cup almonds, roasted, slivered.

1 cup raisins

Dressing

1 cup mayonnaise

½ cup brown sugar

1 tablespoon white vinegar

Whisk ingredients together in a suitable size bowl.
keep chilled.



The Method

Very lightly blanch Mann's Broccoli Wokly in boiling water for about one minute. Remove from heat and immediately rinse cold water over the broccoli to stop the cooking process. Let cool.

In a large bowl, combine Mann's Broccoli Cole Slaw, red onion, bacon bits, almonds, and raisins. Add cooled broccoli florettes. Toss with dressing to coat. May be prepared in advance. Keep chilled.

Nutrition Facts

Serving Size: 222g | Servings: 6

Amount Per Serving

Calories 540 | Calories from Fat 350 | Total Fat 39g (sat fat 4g trans 0g) | Cholesterol 35mg | Sodium 340mg | Total Carbohydrate 40g | Dietary Fiber 5g | Sugars 28g | Protein 8g | Vitamin A 15% | Vitamin C 140% | Calcium 10% | Iron 8%