



# Roasted Butternut Squash “Rotini” with Smoked Paprika & Cinnamon

**Servings**

4

**Calories**

70

**Prep Time**

5 minutes

**Total Time**

25 minutes

**Skill Level**

Easy

## Ingredients

1 (10 ounce) package Butternut Squash “Rotini”

1 tablespoon canola or corn oil

½ teaspoon kosher salt

¼ teaspoon cinnamon

¼ teaspoon smoked paprika



## The Method

Preheat oven to 400°F. Spread baking sheet with parchment paper or spray with non-stick cooking spray.

Add Butternut Squash “Rotini” to a large bowl; add oil, salt, cinnamon, smoked paprika and mix well. Bake 20 minutes, until fork tender.

### Nutrition Facts

Serving Size: 89g | Servings: 4

#### Amount Per Serving

Calories 70 | Calories from Fat 30 | Total Fat 3.5g (sat fat 0g trans 0g) | Cholesterol 0mg | Sodium 240mg | Total Carbohydrate 10g |

Dietary Fiber 2g | Sugars 2g | Protein 1g | Vitamin A 180% | Vitamin C 30% | Calcium 4% | Iron 4%