

Sweet Potato and Black Bean Salad

Nutrition Facts

Serving Size: 213g | Servings: 8

Amount Per Serving

Calories 180 | Calories from Fat 20 | Total Fat 2g (sat fat 0g trans 0g) | Cholesterol 0mg | Sodium 420mg | Total Carbohydrate 37g |
Dietary Fiber 7g | Sugars 8g | Protein 4g | Vitamin A 400% | Vitamin C 10% | Calcium 6% | Iron 6%