



# Turkey Bacon Wrapped Green Beans

## Servings

12

## Calories

80

## Prep Time

15 minutes

## Total Time

30 minutes

## Skill Level

Easy

## Ingredients

1 (10 ounces) package Mann's Organic Green Beans

1 (8 ounces) package turkey bacon

1/2 tablespoon extra virgin olive oil

pinch of sea salt (optional)



## The Method

Preheat your oven to 375° F. Bundle 4-5 Mann's Organic Green Beans together in your hand and wrap the bundle tightly with one slice of bacon starting from the bottom and ending in the middle. Secure with a toothpick and lay on a lined baking sheet. Repeat steps 2-3 with the remaining green beans and bacon slices. Using a pastry/basting brush, lightly coat the bundles with oil. Sprinkle the bundles with salt and bake on the center rack for 15 minutes.

### Nutrition Facts

Serving Size: 43g | Servings: 12

### Amount Per Serving

Calories 80 | Total Fat 6g (sat fat 1.5g trans 0g) | Cholesterol 20mg | Sodium 430mg | Total Carbohydrate 2g |

Dietary Fiber 1g | Sugars 1g (Includes 0g Added Sugars) | Protein 6g | Vitamin D 0% | Calcium 0% | Iron 6% | Potassium 2%