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FOR IMMEDIATE RELEASE

MANN'S GETS COZY FOR WINTER WITH NEW "GIRLFRIENDS GUIDE FOR MOMS"

Soup Edition offers hearty recipes and stay-healthy tips

Salinas, Calif. – January 25, 2016 – As part of its ongoing "Moms Helping Moms" initiative, Mann Packing Co., Inc., announced today the release of its latest version of the Girlfriends Guide for Moms – [Soup Edition](#).

The Girlfriends Guide for Moms – Soup Edition is available free on Mann's [website](#), Facebook [page](#), and through links posted on its Twitter [page](#).

"Soups are such an ideal meal for winter, and loading them up with lots of veggies is easy and really healthy," said Gina Nucci, director of foodservice marketing at Mann's. "Plus, they're as satisfying as a solid meal with fewer calories and fat."

All of the soup recipes included in the Girlfriends Guide feature Mann's products such as California stir fry, wax beans, kale, butternut squash and cauliflower.

"The best part about soups?" adds Nucci. "They're even better the next day for lunch."

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About Mann Packing Company

Founded in 1939, Mann Packing is an industry leading, third-generation supplier of premium fresh vegetables. Headquartered in Salinas, California, Mann's is one of the largest suppliers of western vegetables, Broccolini® and sugar snap peas in North America. The firm holds the distinguished Women's Owned Business Certification from the Women's Business Enterprise National Council - the most widely recognized and respected certification in the United States for women's business enterprises. Leading the way in product innovation, environmental sustainability and green supply chain management practices, Mann Packing is consistently vigilant in food safety, employee wellness and quality assurance, making for one of the most trusted brands in the industry.