



# Pasta “Mannavera”

**Nutrition Facts**

Serving Size 311g | Servings: 4

**Amount Per Serving**

Calories 610 | Total Fat 25g (sat fat 8g trans 0g) | Cholesterol 45mg | Sodium 340mg | Total Carbohydrate 74g | Dietary Fiber 3g | Sugars 4g (Includes 0g Added Sugars) | Protein 22g | Vitamin D 0% | Calcium 15% | Iron 20% | Potassium 10%