



# Lemon Rainbow Salad

**Servings**

6

**Calories**

250

**Prep Time**

5 minutes

**Total Time**

15 minutes

**Skill Level**

Easy

## Ingredients

### Dressing

½ cup olive oil

2 garlic cloves, minced

¼ cup lemon juice, fresh

1 teaspoon Dijon mustard

1 tablespoon white wine vinegar

2 tablespoons mayonnaise

½ teaspoon salt

½ teaspoon pepper

### Salad

2 (12 ounce) bags Mann's Rainbow Salad

¼ cup sliced red onions

2 teaspoons grated lemon zest

2 tablespoons chopped parsley



## The Method

### For Dressing

Add dressing ingredients in a small bowl and whisk to combine (Dressing can be prepared 1 day in advance).

### For Salad

In a large salad bowl, add salad ingredients and toss well to mix. Add dressing and toss well again.

### Nutrition Facts

Serving Size 160 | Servings: 6

### Amount Per Serving

Calories 250 | Total Fat 23g (sat fat 3g trans 0g) | Cholesterol 0mg | Sodium 290mg | Total Carbohydrate 9g | Dietary Fiber 3g | Sugars 4g (includes 0g Added Sugars) | Protein 2g | Vitamin D 0% | Calcium 4% | Iron 6% | Potassium 8%