



Cheesy Jalapeño Sweet Potato Fries

Servings

4

Calories

170

Prep Time

10 minutes

Total Time

35 minutes

Skill Level

Easy

Ingredients

1 (10 ounce) bag Mann's Sweet Potatoes Crinkle Cut

2 tablespoons olive oil

Salt & pepper, to taste

½ cup shredded cheese

½ cup diced jalapeños



The Method

Preheat oven to 450° F.

On a lined baking sheet, coat Sweet Potatoes Crinkle Cut with olive oil and season with salt & pepper, to taste. Bake in oven until tender, about 15 minutes.

Remove from oven. Sprinkle shredded cheese and diced jalapenos on the fries. Place back into oven and bake for an additional 3-5 minutes or until cheese is melted.

Serve immediately with your favorite dipping sauce.

Nutrition Facts

Serving Size 104g | Servings: 4

Amount Per Serving

Calories 170 | Total Fat 10g (sat 3g Trans 0g) | Cholesterol 10mg | Sodium 430mg | Total Carbohydrate 16g | Dietary Fiber 2g | Sugars 3g (Includes 0g Added Sugars) | Protein 5g | Vitamin D 0% | Calcium 10% | Iron 0% | Potassium 6%