



# Nourish Bowls® Monterey Risotto Stuffed Grilled Portabella

**Servings**

2

**Calories**

270

**Prep Time**

10 minutes

**Total Time**

45 minutes

**Skill Level**

Easy

## Ingredients

2 Portobello mushrooms

½ tablespoon olive oil

Salt & pepper, to taste

1 (8.75 ounce) Mann™ Nourish Bowls® Monterey Risotto

¼ cup Parmesan cheese



## The Method

Remove the gills and stems from Portobello mushrooms. Brush with olive oil, season with salt and pepper, to taste.

Grill the Portobello mushrooms to your liking. Cook Mann™ Nourish Bowls® Monterey Risotto according to the packaging directions.

Fill the mushroom caps with the cooked Mann™ Nourish Bowls® Monterey Risotto.

To serve, top with grated Parmesan cheese.

## Nutrition Facts

Serving Size 221g | Servings: 2

### Amount Per Serving

Calories 270 | Total Fat 16g (sat fat 4.5g trans 0g) | Cholesterol 20mg | Sodium 430mg | Total Carbohydrate 23g | Dietary Fiber 4g | Sugars 9g (Includes 0g Added Sugars) | Protein 8g | Vitamin D 0% | Calcium 15% | Iron 6% | Potassium 15%